



Kristen, CCLS, BS
(208)541-8939

What are Child Life Services?

Helping Children and Families Navigate the Hospital Experience

Who We Are

Child Life Specialists are trained professionals who support children and families during medical experiences, helping to reduce stress, anxiety, and fear.

Why It Matters

Medical settings can be overwhelming. Child Life Services help reduce fear and promote healthy coping, leading to better emotional outcomes and improved healing.

You Might See Us...

- At your child's bedside
- In the playroom
- Preparing a child for surgery
- Supporting during procedures
- Offering distraction and comfort

Children aren't just small adults – they need support tailored just for them! ♥

Our Services Include:



Therapeutic Play

We use play to help children express emotions, gain a sense of control, and cope with hospitalization.



Age Appropriate Education

We prepare children for procedures using language they understand, using models, books, and hands-on tools.



Emotional Support

We help children and families understand and process what's happening during their medical journey.



Family Support

We offer guidance to parents, siblings, and caregivers to help everyone feel more confident and informed.



Special Events & Milestones

We celebrate birthdays, holidays, and special moments, helping bring joy to the hospital environment.



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Kristen Raymond, CCLS- IFCH & MVH

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Top 10 Reasons to Call a Child Life Specialist:

1. The patient and/or family need preparation for children undergoing medical procedures, tests, or surgery.
2. The patient and/or family need support for children undergoing medical procedures, tests, or surgery.
3. Resources and education about typical child development are needed for patients, families, and staff.
4. A sibling session is needed to help educate or provide support regarding the patient's hospital experience.
5. The patient is having difficulty taking medicine or cooperating with treatments.
6. Support is needed for any patient and family member in situations related to death and bereavement.
7. A patient and family need help in understanding or coping with a new diagnosis, chronic illness, or life-changing traumatic injury.
8. A patient needs non-medical help coping with pain management.
9. A patient or family member appears unusually fearful or distressed.
10. An assessment is needed to determine age-appropriate supportive play and/or therapeutic activities for patients and families.

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